



Naugatuck Valley Health District

98 Bank Street Seymour, CT 06483

T: 203-881-3255 F: 203-881-3259 W: www.nvhd.org

Ansonia Beacon Falls Derby Naugatuck Seymour Shelton

Public Health
Prevent. Promote. Protect.

PRESS RELEASE

Date: September 16, 2025
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Naugatuck Valley Health District Schedules Seasonal Flu Clinics

The Naugatuck Valley Health District (NVHD) will offer influenza vaccine clinics to residents of Ansonia, Beacon Falls, Derby, Naugatuck, Seymour and Shelton during the months of September, October and November. All residents are welcome to any of the clinics listed below, and appointments are not necessary.

2025 Public Flu Clinic Schedule

Friday	October 3 rd	9AM-11AM	Naugatuck Senior Center
Thursday	October 9 th	9AM-12PM	Shelton Senior Center
Tuesday	October 14 th	10AM-1PM	Seymour Community Center
Friday	October 17 th	9:30AM-11:30AM	Ansonia Senior Center
Wednesday	October 22 nd	9AM-11AM	Beacon Falls Senior Center
Tuesday	October 28 th	12:30PM-2:30PM	Derby Senior Center
Wednesday	November 12 th	9AM-12PM	Shelton Senior Center

Additional clinics will be available by appointment at Naugatuck Valley Health District, 98 Bank Street, Seymour, CT. Children (2 years and older) needing flu shots will be accommodated by appointment at regularly scheduled immunization clinics at the district office in Seymour.

NVHD accepts the following insurances: Aetna, Anthem Blue Cross/Blue Shield, Cigna, ConnectiCare, Medicaid, Medicare Part B and United Healthcare. There is no copay to those who have insurance. Those who are eligible should bring the proper insurance cards and ID. The cost of the flu vaccine for those who do not have insurance is \$40 for the trivalent vaccine and \$80 for the high dose vaccine for those 65 years and older. Acceptable forms of payment are cash, credit card, or check. All clinic attendees should wear loose fitting clothes with short sleeves.

Valley Pharmacy will be in attendance and providing COVID boosters, RSV, Pneumonia, and Shingles vaccines. The paperwork and billing will be separate from NVHD.

Any homebound persons who cannot attend the clinics may contact NVHD at 203-881-3255 ext. 107 to make arrangements for a nurse to administer the vaccine at home. Such individuals should have permission from their physicians for the influenza vaccine and have insurance through the above noted insurers.

Clinic dates may be added or revised. For more information regarding the district's flu clinic schedule, please call Naugatuck Valley Health District, 203-881-3255 ext. 104, Monday through Thursday from 8:00am to 4:00pm and Friday 8:00am to 1:00pm. The Naugatuck Valley Health District office is located at 98 Bank Street, Seymour, CT 06483.

Clinic schedules are also posted on the NVHD website at www.nvhd.org and NVHD's Facebook, Instagram, X, and LinkedIn.

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Healthy people in a healthy Naugatuck Valley